

## Hands

### *Refrain A:*

**Hands that make each day begin again  
and bring to light our distant dream.**

**We have but one more chance in this hour of our new life  
to heal the wounds which time does bring, which times does bring.**

### *Refrain B:*

**Reaching out and touching:**

**are you there to offer smile or eyes or tear?**

**This moment filled with trust can make us whole, yes if we will.**

**The touch of hands: such healing brings, such healing brings.**

1. We ask you, Lord, for healing  
and you share the certain caring of each other's hands. *Refrain B*
2. Moving with the moment and receiving each one's presence  
we are now restored. *Refrain A*
3. Fears that only hide us from reality inside us  
disappear with loving care. *Refrain B*
4. Where have I been all these years and where shall I be going?  
I don't know but I trust. *Refrain A*
5. Listening together with a vision of the Holy One,  
our hearts sense the real. *Refrain B*
6. Say to one another: "Forgive me my unkindness,  
O my father, mother, brother, sister, friend." *Refrain A & B*