

Wisdom Speaks to the Heart (Rule of Benedict)

The first word in the Rule of Benedict is "Listen". This means not simply hearing the sound of words, but listening attentively with our whole being. As Benedict would say: "Listen...with the ear of your heart."

**Listen, listen deeply. Wisdom speaks to the heart.
"Seek my path of life. Open your heart to my voice."**

Consider paths that we tread. Let us move in the ways of God.

Look at the stars in the sky, playfully shining through the night.

Seasons come and they go, their wisdom speaks gently to our world.

Learning on life's journey never ends. May we hear with a depth of heart.

Each day speaks God's gift of wisdom; we serve our world with a joyful love.